

WELLNESS WEDNESDAYS RELATIONSHIP SERIES

FACILITATED BY:

MEGAN GALLAGHER, M.ED, DIRECTOR OF CARE

10/6/21, 1pm - 2pm

Finding Myself in Relationships

10/13/21, 1pm - 2pm

Effective Communication in Relationships

10/20/21, 1pm - 2pm

Conflict Resolution in Relationships

10/27/21, 1-2pm

Understanding Boundaries in Relationships



Join us each Wednesday at the CARE Center for an hour long workshop on topics surrounding healthy relationship education. The workshops are designed for students only.....

The CARE Center is located on the ground floor of Augustine

Questions or ADA Accommodations?

Please contact Megan at mag7@stmarys-ca.edu