

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

General Counseling  
Plan of Study - 48 units  
2.5-Year Coursework Schedule

Year 1: SPRING TOTAL UNITS: 48

|      |     |  |   |
|------|-----|--|---|
| COUN | 600 | Introduction to Counseling Research      | 1 |
| COUN | 620 | Psychological Testing & Assessment       | 3 |
| COUN | 621 | Human Development & Family Relationships | 3 |
| COUN | 604 | Theories of Counseling                   | 3 |

Year 1: SUMMER

|      |     |                           |   |
|------|-----|---------------------------|---|
| COUN | 612 | Human Sexuality           | 1 |
| COUN | 613 | Alcohol & Substance Abuse | 2 |

Year 2: FALL

|      |     |   |   |
|------|-----|---|---|
| COUN | 601 | Counseling Skills I (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions) | 3 |
| COUN | 603 | Personal & Professional Development of Counselors   | 3 |
| COUN | 611 | Law, Ethics, & Values   | 3 |

Year 2: JAN TERM

|      |     |                                      |   |
|------|-----|--------------------------------------|---|
| COUN | 713 | Psychological Perspectives of Gender | 2 |
|------|-----|--------------------------------------|---|

Year 2: SPRING

|      |     |  |   |
|------|-----|--|---|
| COUN | 602 | Counseling Skills II (Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions) | 3 |
| COUN | 605 | Issues in Intercultural Counseling & Social Justice  | 3 |
| EDUC | 772 | Research Seminar I   | 3 |

Year 2 SUMMER

|      |     |                             |   |
|------|-----|-----------------------------|---|
| COUN | 797 | Counseling Exam Preparation | 3 |
| COUN | 610 | Career Counseling           | 3 |

Year 3: FALL

|      |     |                                  |   |
|------|-----|----------------------------------|---|
| COUN | 794 | Counseling Field Experience HESA | 3 |
| COUN | 622 | Group Theory & Practice          | 3 |

Year 3: SPRING

|      |     |                                       |   |
|------|-----|---------------------------------------|---|
| COUN | 791 | Counseling Field Experience MFT/PCC   | 3 |
| COUN | 799 | Counseling Master's Project or Thesis | 3 |

(For the Counseling Exam, take 797 instead.)

\*COUN 797 or 799, not both